

Free

FAMILY SUPPORT ORGANIZATION OF ESSEX COUNTY AND YOUTH CONSULTATION SERVICES PRESENTS:

NURTURED HEART APPROACH®

Facilitated by Certified Nurtured Heart Trainers
Yvonne Montemurro, NHA Advanced Trainer
Jacquelyn Oliver, NHA Certified Trainer

Wednesdays 6pm- 8pm

All sessions will be held at
60 Evergreen Pl. Suite 409 East Orange, NJ 07018

Sept. 18th

Sept. 25th

Oct. 2nd

Oct. 9th

Oct. 16th

Oct. 23rd

Learn how to strengthen and create healthy relationships with the people in your life.

The Benefits of Nurtured Heart Approach:

- Understand the unique dynamics of the challenging child
- Shift a child toward using his/her intensity in successful ways
- Create a deeper sense of success & Inner Wealth for the child
- Build a family/school culture of authentic connection & trust
- Improve performance – from test scores to chores
- End the punitive cycle that reinforces negative behavior
- Live the "Energy" of joy and success as your new reality

Register On [Eventbrite](#)



Transform **Intense** Behavior *Inspire* Greatness Within

www.fsoec.org Tel. 973-395-1441 Fax 973-395-1595