

UPCOMING EVENTS

August

- 1 **6:30pm-8pm:** “ADHD– A discussion on coping strategies on Attention Deficit Hyperactivity Disorder (ADHD). Denisah Williamson, FSOEC office, East Orange, NJ
- 3 **6:30pm-8pm:** “Parent Talk” **Intellectual Developmental Disabilities.** Parent Support Group with Mattie Wilkerson, Family FSOEC office, East Orange, NJ.
- 15 **6:30pm-8pm:** “All About Me” Denisah Williamson, FSOEC office, East Orange, NJ
- 17 **6:30pm-8pm:** “Back to School Checklist” **Intellectual Developmental Disabilities** Parent Support Group with Mattie Wilkerson, FSOEC office, East Orange, NJ.
- 22 **6:30pm-8pm:** “How to transition back to school.” with Sharon Webber, at Toni’s Kitchen/ St. Luke’s Church, located at 73 South Fullerton Avenue, Montclair, NJ
- 24 **10:30am-12pm:** **504 Plan Open Forum for 504 Related to Medical/Health Conditions.** This is an open forum about 504 plans, and how to receive services under 504 for students with challenges that impact permanently or temporarily their academic needs. These include health related issues such as ADHD, allergies , diabetes, asthma, Central Auditory Processing Disorder (CAPD), **504 Foro Abierto para 504 y Asistencia debido a condiciones médicas o impedimento físico o mental.** Este foro es Abierto a preguntas en referencia a El plan 504. Padres interesados en ayuda disponibles en el sistema escolar para estudiantes con necesidades o impedimentos físicos que afecten o limiten su educación. Incluyen ADHD, Alergias, Trastorno del procesamiento auditivo central (CAPD), evaluaciones, proceso, limitaciones temporales, diabetes, asma, Alexandra DeRonde, **East Orange Public Library, 21 South Arlington Ave, 2nd Floor Conference**

Register on Eventbrite. For information visit our website:
www.fsoec.org



60 Evergreen Pl. Suite 410 East Orange, NJ 07018 973-395-1441

Like us on
facebook

Family Support Organization of Essex County

FAMILY SUPPORT ORGANIZATION OF ESSEX COUNTY

ABOUT US

Family Support Organization of Essex County is a family-centered, family-driven nonprofit that provides peer support, education and advocacy for parents of children who have emotional, behavioral, mental health, substance use, intellectual and developmental challenges.



We hire parents of children with these challenges who are uniquely able to provide one-to-one peer support to families in similar situations. We offer monthly workshops and weekly support groups to aid families.

Our goal is to empower families to take control of their lives by building on their strengths and supporting them as needed. We encourage public and private agencies to work with us and with each other to strengthen families with the goal of keeping children safe and healthy in their homes and communities.

OUR SERVICES

Providing services to parents of children with emotional, behavioral, mental health and developmental challenges.

WARMLINE

We offer telephone support, information and referrals through our Warmline. Warmline is a community resource for anyone seeking information and referral to address an individual or family need. Our Warmline staff listens to your situation, helps you identify practical next steps, and offers referrals that may address your needs.



SUPPORT GROUPS

Our support groups provide an opportunity for parents and caregivers to meet regularly for mutual emotional support in matters relating to their child's emotional, behavioral and mental health challenges. Members of our support groups share their personal experiences and offer one another emotional comfort and moral support.

**When Parents do better,
Children do better !**